#### Beginning of the Day

1. Turn to page 295 in the hymnal. The portions in regular type will be led by the head of the household. The portions in bold type will be spoken by everyone else.

2. The service begins with the Invocation. All participants are encouraged to make the sign of the cross as a reminder of God choosing of them in Holy Baptism. The sign of the cross is made by touching the forehead, then the heart, then the right shoulder, and then the left shoulder using your right hand.

3. Continue with the spoken responses.

4. The hymn suggested for the week in the chart on this inside of this resource should be sung next. While singing is suggested, if you feel you cannot, read the lyrics of the hymn aloud.

Read a Psalm. Begin with Psalm 1 and continue with the next each day. Long Psalms may need to be divided.
In place of the suggested readings listed in the hymnal, we suggest the reading of one book of the bible,

concentrating on the Gospels. An order for reading has been suggested on the inside of this resource. 7. Next, learn the memorization for the week suggested on the chart. The Catechism is found on page 321 in the

hymnal. The leader starts by saying a short piece of the text and then the others repeat. As you go back through, increase the length of the pieces. Use the same method for the bible verse suggested.

8. Turn back to page 295. Speak the Apostles' Creed found on the inside of the back cover of the hymnal.
9. Pray the Lord Prayer also found on the inside of the back cover.

10. Next, a prayer may be led by the head of the household or by each member that wishes to pray. Prayers need not be long or eloquent. Simply speak to your Father who is in heaven.

11. The head of the household leads the concluding prayer as printed.

12. Everyone joins in the morning prayer print in bold. We end with the responses which give thanks to God.

#### Close of the Day

1. Turn to page 298 in the hymnal. The portions in regular type will be led by the head of the household. The portions in bold type will be spoken by everyone.

2. The service begins with the Invocation. All participants are encouraged to make the sign of the cross as a reminder of God choosing of them in Holy Baptism. The sign of the cross is made by touching the forehead, then the heart, then the right shoulder, and then the left shoulder using your right hand.

3. If you wish, one person may light a candle.

4. Continue with the spoken responses.

5. The hymn suggested for the week in the chart on this inside of this resource should be sung next. While singing is suggested, if you feel you cannot, read the lyrics of the hymn aloud.

6. Read a Psalm. Begin with Psalm 1 and continue with the next each day. Long Psalms may need to be divided.

In place of the suggested readings listed in the hymnal, we suggest the reading of one book of the bible, concentrating on the Gospels. An order for reading has been suggested on the inside of this resource.
Next, learn the memorization for the week suggested on the chart. The Catechism is found on page 321 in the hymnal. The leader starts by saying a short piece of the text and then the others repeat. As you go back through,

increase the length of the pieces. Use the same method for the bible verse suggested.

9. Turn back to page 298. Speak the Apostles' Creed found on the inside of the back cover of the hymnal. 10. Speak together the section that begins "Lord, now You Let."

11. Pray the Lord Prayer also found on the inside of the back cover.

12. Next, a prayer may be led by the head of the household or by each member that wishes to pray. Prayers need

not be long or eloquent. Simply speak to your Father who is in heaven. 13. The head of the household leads the concluding prayer as printed.

14. Everyone joins in the evening prayer print in bold. We end with the responses which give thanks to God.



# A Simple Approach to Daily Devotions

# Why do daily devotions?

The Scriptures make it very clear that parents are to teach the faith to their children. Deuteronomy 6:6-7, "And these words that I command you today shall be on your heart. <sup>7</sup> You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

## How are we to approach this task?

Our faith should be evident to our children as they watch us, talk to us, and play with us. However, regular time must also be set aside daily specifically aimed at passing along the faith to them. Is this time, we read together, pray together, memorize together, and sing together.

#### Why this resource?

This short resource is intended to make leading devotions as easy as possible. With this, your Bible, and Lutheran Service Book, you are ready to start.

# Who should lead these devotions?

The head of the household should lead these devotions. The husband in the family will take the lead. If he is not present or willing, the mother or another relative should take the initiative. Daily Prayer is essential to a Christian's life.

## What should I do first?

First, you will need to choose a time of the day to do devotions that works best for your family. We suggest at the beginning or end of the day. Guard this time.

## What now?

Get out your bible, your hymnal and review the chart inside this resource. Then go to the back of this resource for step by step instructions. Start the habit of daily prayer today. Whenever you start, start with week one on the chart.

# What happens when I forget?

Confess your sins to Jesus, receive His forgiveness, and He will raise you up to walk in newness of life as you return to your habit of daily prayer. You may also find someone you trust and ask them to encourage you in this habit.

|               |             | Memory Work and Hymns Chart               |                       | Memory Work and Hymns Chart (continued)   |
|---------------|-------------|---|-----------------------|---|
| <u>Week #</u> | <u>Hymn</u> | Catechism Memory Work                     | <u>Bible Verse(s)</u> | Week # Hymn Catechism Memory Work Bible Verse(s)  |
| Week 1        | 507         | 1st Commandment and meaning               | Deuteronomy 6:4-5     | Week 41 629 What is the Sacrament of the Altar 1 Corinthians 10:16  |
| Week 2        | 549         | 2nd Commandment and meaning               | Psalm 103:1           | Week 42 620 Where is this written? Acts 2:42  |
| Week 3        | 915         | 3rd Commandment and meaning               | Hebrews 10:24-25      | Week 43 618 What is the benefit of this eating and 1 Peter 1:18-19  |
| Week 4        | 862         | 4th Commandment and meaning               | Titus 3:1             | 6   |
| Week 5        | 842         | 5th Commandment and meaning               | Psalm 139:13-14       | , 5 6   |
| Week 6        | 858         | 6th Commandment and meaning               | Matt 19:4-6           | Week 45 621 Who receives this sacrament worthily? 1 Corinthians 11:27   |
| Week 7        | 732         | 7th Commandment and meaning               | 1 John 3:17           | Week 46 655 Christian Questions with their Answers Romans 3:20  |
| Week 8        | 783         | 8th Commandment and meaning               | Ephesians 4:15        | Week 47 461 Christian Questions with their Answers Romans 4:25  |
| Week 9        | 711         | 9th Commandment and meaning               | Luke 12:15            | Week 48 588 Christian Questions with their Answers Matthew 10:32-33   |
| Week 10       | 712         | 10th Commandment and meaning              | 1 Timothy 6:6-7       | Week 49 537 Christian Questions with their Answers Psalm 103:8  |
| Week 11       | 579         | Close of Commandments                     | Isaiah 42:8           | Week 50 740 Christian Questions with their Answers John 3:16-17   |
| Week 12       | 744         | Meaning of Close of Com.                  | Romans 6:23           | Week 51 849 Christian Questions with their Answers Isaiah 43:1  |
| Week 13       | 578         | 1st Article and paragraph 1               | Psalm 33:8-9          |   |
| Week 14       | 790         | 1st Article and paragraph 2               | Psalm 145:15-16       | Week 52770Christian Questions with their AnswersJeremiah 31:3   |
| Week 15       | 725         | 1st Article and whole meaning             | Psalm 19:1            | In the final seven weeks, work on Christian Questions with their Answers at the pace that seems best for you. |
| Week 16       |             | 2nd Article and paragraph 1               | Romans 5:8            | Suggestions for Bible Reading   |
| Week 17       | 457         | 2nd Article and paragraph 2               | Romans 10:9-10        |   |
| Week 18       | 861         | 2nd Article and whole meaning             | Acts 4:11-12          | It is suggested that families read through one book of the Bible at a time. A portion is read each day.       |
| Week 19       | 496         | 3rd Article and paragraph 1               | 1 Corinthians 12:3    | The length of the portion should be based on the age and abilities of your family. Since the Gospels          |
| Week 20       |             | 3rd Article and paragraph 2               | Romans 10:17          | are central to our faith, we suggest reading one Gospel, then another book in the list below, and ther        |
| Week 21       | 644         | 3rd Article and whole meaning             | Psalm 51:10           | returning to another Gospel. Continue this cycle. The Lutheran Study Bible has notes which you wil            |
| Week 22       |             | Introduction of Lord's Prayer and meaning | 1 John 3:1            | find helpful for understanding.   |
| Week 23       | 940         | 1st Petition and meaning                  | Exodus 3:15           |   |
| Week 24       | 651         | 2nd Petition and meaning                  | Mark 1:15             | Gospel  |
| Week 25       | 718         | 3rd Petition and meaning                  | John 6:40             |   |
| Week 26       | 805         | 4th Petition and meaning                  | Proverbs 30:8-9       | Other Book Other Book   |
| Week 27       | 845         | 5th Petition and meaning                  | Ephesians 4:32        |   |
| Week 28       | 424         | 6th Petition and meaning                  | Mark 14:38            |   |
| Week 29       | 656         | 7th Petition and meaning                  | Psalm 121:7-8         | Gospel  |
| Week 30       |             | Conclusion and meaning                    | Psalm 50:15           |   |
| Week 31       |             | Baptism - 1st                             | Acts 2:38-39          | Gospels   |
| Week 32       |             | Baptism - 2nd                             | John 3:5              | Matthew – Mark – Luke – John  |
| Week 33       |             | Baptism - 3rd                             | Galatians 3:26-27     | Other backs we are not due to immediate and bains and relation to understand                                  |
| Week 34       | 685         | Baptism - 4th                             | Luke 9:23             | Other books we suggest due to importance and being easier to understand.                                      |
| Week 35       |             | What is Confession?                       | Psalm 51:1            | Genesis – Exodus – Deuteronomy – Joshua – Judges – 1 and 2 Samuel -, 1 and 2 Kings –                          |
| Week 36       |             | What sins should we confess?              | Psalm 19:12           | Ezra - Nehemiah – Proverbs – Isaiah – Jeremiah – Acts – Romans – 1 and 2 Corinthians –                        |
| Week 37       |             | Which are these?                          | Psalm 32:5            | Galatians - Ephesians - Philippians – Colossians - 1 and 2 Thessalonians -                                    |
| Week 38       |             | What is the Office of the Keys?           | John 20:22-23         | 1 and 2 Timothy - James - 1 and 2 Peter - 1 John Dec. 2021  |
| Week 39       |             | Where is this written?                    | 1 Corinthians 4:1     |   |
| Week 40       | 682         | What do you believe according to          | Ephesians 2:8-9       | Get More Resources at livingplanted.com – Connect with us at facebook.com/livingplanted                       |